

Fancy Fish For Fair Fridays

Fish seems to be labeled Friday fare, but why? This fish dish is so good, you'll want it every day. In 20 minutes time you'll be serving this colorful gourmet dish which is delicately seasoned with canned dry soup mix and white wine. The soup mix blends to the creamiest of souces, the perfect bake-on fish fillets.

Remember that canned dry soup mixes are a time saving, money saving and favor plus food for saucing and just plain good eating. Serve Sauced Fish with vegetables of your choice, a tossed salad, and lime meringue pudding, made with lime flavored gelatin.

Sauced Fish

- 1 pound fish filets (had-dock, founder, or other white fish)
 - 1 1/2 cups milk
 - 2 tablespoons Rhine wine, or other white wine
 - 1 can (1 1/2 ounces) cream of mushroom dry soup mix
 - 1 teaspoon minced onion
 - 1/4 teaspoon curry powder
- Arrange filets in single layer in shallow baking dish (10x6x2"). In saucepan gradually blend milk and wine into remaining ingredients; mix until smooth. Heat, stirring, until slightly thickened. Pour over filets. Bake at 400 deg. F. for 20 minutes. Makes 4 servings.

Use Your Head, Save A Desk

Want to refurbish a drab desk? Then cover the top with an adhesive decorative covering like Marvalon. Empty the drawers (throw out half the contents) and line the drawers with the covering also. Cover desk accessories with matching or contrasting covering. If you don't have accessories, make some! You can make a letter basket from a cereal box and a pencil holder from a family-size can of frozen fruit juice.



FIRST TASTES of the Magic Chef second anniversary cake go to Julie Ann Boethling, 4-year-old from Torrance, and Dale Ortiz, Redondo 4-year-old. Passing out pieces of the 100-pound, four-foot-high cake is Mrs. Ellen Cole, Magic Chef's cake decorator. Free slices of the cake were given shoppers at the market, located in the Del Amo Shopping Center, last week.

'Souper' Piasiano Treat

Dishes with a foreign flair always have great appeal. Italian foods especially seem to be favored. Pizza, lasagne, chicken cacciatore are a few that you can serve often to the delight of all. There's no need, however, to spend long hours in the kitchen preparing these foreign specialties. Canned soups are ready sauces . . .

helpful additions to whipping up any foreign favorite quickly and easily. Here's a delicious new treat . . .

- #### VEAL ITALIANNE
- 1 1/2 pounds veal cutlet, cut into pieces
 - 1/4 teaspoon basil
 - 1/4 teaspoon oregano
 - 1 clove garlic, minced
 - 2 tablespoons butter or margarine
 - 1 can (11 ounces) condensed Cheddar cheese soup
 - 1 can (10 1/2 ounces) condensed tomato soup
 - 12 whole small white onions
 - 1 package (9 ounces) frozen Italian green beans
- In skillet, brown veal with basil, oregano, and garlic in butter. Stir in soups; add

GOT A RECIPE? SURE YOU DO!

Got a recipe everybody raves about? Of course you do! Why not share it with Torrance housewives by sending it to the Torrance Press for publication. Send your recipe — and your name — to the Torrance Press, 3238 W. Sepulveda Blvd., in care of Carolyn Perko.

onions. Cover and cook over low heat 15 minutes. Add frozen beans; cook covered and additional 30 minutes. Makes 6 servings.

CUISINE!

Space Age Tarts For Apple Fans

The tangy, out-of-this-world flavor of Washington Jonathan apples is caught in fanciful Man-In-The-Moon Tarts, designed to launch into happy orbit your party for young space enthusiasts. The classic teammates of fresh apple flavor and cheese take contemporary shape in the accompanying Cheese Rockets, whimsically - designed to capture young, healthy appetites.

Man-In-The-Moon Tarts with Cheese Rockets

- 6 Washington apples
- 1/4 cup water
- 1/2 cup sugar
- Dash of salt
- 1/2 tsp. cinnamon
- 1/4 tsp. cloves

2 sticks pastry mix
2 tbsps. butter
Wash, pare, core and quarter apples into a 2 quart sauce-pan; simmer slowly until apples are tender. Drain liquid, add sugar, salt, spices and set aside. Prepare pastry according to package directions; divide in four equal balls, then roll out one at a time, making a circle of each pastry. Place 3/4 cup applesauce at the outer edge of each circle, dotting with 1/2 tsp. butter. Moisten edges of pastry and fold over, pressing edges together with the tines of a fork dipped in flour. Hand-shape tarts into moon-like crescents, forming a nose within each crescent. Cut

EYE SHADE

If you have south or west exposed rooms which pick up a lot of summer heat, try building a simple solid frame of 2x4 Douglas fir set on 4x4 posts with simple 1x4 louvers spaced a foot apart. This gives an eye shade effect, will cool off the windows and provide filtered shade.

upper and mouth openings on eye side of tart. Place tarts on cookie sheet and bake 400 deg. F. oven for 25 minutes. Serve with Cheese Rockets. Cheese Rockets: Cut a 1/2-lb. block of American cheese into quarter into two sections, one piece being 2/3 of the quarter. Press larger sections of cheese on skewers, molding with hands to cylinder shapes. Mold remaining pieces of cheese into cone shapes and thread onto skewer, leaving space between 'body' of rocket and nose cone. (Recipe for four rockets and tarts.)

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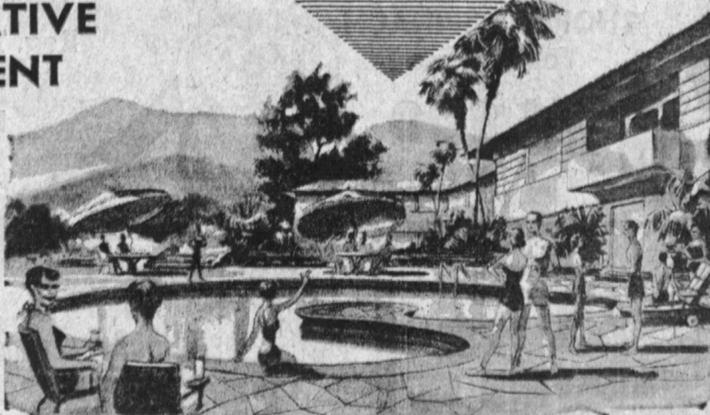
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TIME	STATION	PROGRAM
8:30-9:00 a.m.	KRCA (4)	"Ruff and Reddy"
9:00-9:30 a.m.	KRCA (4)	"Shari Lewis Show"
9:30-10:00 a.m.	KRCA (4)	"King Leonardo"
10:30-noon	KHJ-TV (4)	"Saturday Movie"—"Best of the Bad Men" Robert Ryan-Claire Trevor
11:30-noon	KABC (7)	"Top Cat"
11:30-12:30 p.m.	KRCA (4)	"Exploring"
12:00-12:30 p.m.	KHJ-TV (4)	"Million Dollar Movie"—"Tribal" John Payne, Maureen O'Hara
12:00-12:30 p.m.	KCOP (13)	"This is Hawaii" with Alfred Apaka
12:30-2:00 p.m.	KCOP (13)	"Movie"—"Chad Hanna" with Henry Fonda
2:00-2:15 p.m.	KCOP (13)	"Color Cartoons"—"Nutsy Squirrel"
2:00-4:00 p.m.	KHJ-TV (4)	"Million Dollar Movie"—"Tribal" John Payne, Maureen O'Hara
2:15-2:45 p.m.	KCOP (13)	"Holiday U.S.A."—Sun and Saddle Country
2:45-3:00 p.m.	KCOP (13)	"Color Cartoons"—"Nutsy Squirrel"
3:00-3:30 p.m.	KRCA (4)	"Existence"
3:00-3:30 p.m.	KCOP (13)	"This is Hawaii"—Travelogue
3:30-4:00 p.m.	KRCA (4)	"World of Ornaments"
4:30-5:00 p.m.	KCOP (13)	"Kentucky" with Loretta Young, Walter Brennan
4:30-5:00 p.m.	KRCA (4)	"Agriculture U.S.A."
5:00-5:30 p.m.	KCOP (13)	"Holiday U.S.A."—Pikes Peak or Bust



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